

# THE VIRGINS & CASTLE

# MAIN MENU

AVAILABLE TUES - THURS 12 - 8PM  
FRI & SAT 12-9 & SUN 12-7PM

## STARTERS

- CARAMELISED RED ONION HUMMUS & SOURDOUGH (VE) £5.95
- SOUP OF THE MOMENT (V) - TOASTED SOURDOUGH & SALTED BUTTER - £6.95
- MAC N CHEESE FRITTERS (V) - DRESSED ROCKET & CHILLI JAM - £6.95
- HOT HONEY SALMON BITES - STICKY SAUCE, TOASTED SESAME SEEDS & ROCKET - £8.95
- V&C SOUTHERN FRIED CHICKEN STRIPS - BBQ SAUCE - £7.95
- MISO GLAZED MUSHROOMS (VE) - TOASTED SOURDOUGH & ROCKET - £6.95
- CHICKEN WINGS - BBQ, HOT HONEY OR KOREAN - £7.95

## MAINS

- STEAK & ALE PIE - CREAMY MASH & SEASONAL VEGETABLES - £15.95
- BEER BATTERED COD & CHIPS - MUSHY PEAS, SKIN ON FRIES & LEMON WEDGE - £14.95
- SWAP COD FOR HALLOUMI FOR A VEGETARIAN OPTION
- COCONUT RICE BOWL - SPRING ONION, SESAME, ROASTED BROCCOLI, SWEET CHILLI SAUCE & CHOICE OF;  
SOUTHERN FRIED CHICKEN - £14.95, HOT HONEY SALMON - £17.95,  
GRILLED HALLOUMI (V) - £14.95 OR MISO MUSHROOMS (VE) - £13.50
- SPRING PEA RISOTTO - PARMESAN CRISP & BASIL - £12.95
- ADD CHICKEN BREAST £4    ADD SALMON FILLET £6
- WHOLETAIL BREADED SCAMPI - SKIN ON FRIES, GARDEN PEAS & LEMON WEDGE - £14.50
- HOUSE SUMMER SALAD - SALAD DRESSING, CROUTONS, PEAS & NEW POTATOES & CHOICE OF;  
SOUTHERN FRIED CHICKEN - £14.95, HOT HONEY SALMON - £17.95,  
GRILLED HALLOUMI (V) - £14.95 OR MISO MUSHROOMS (VE) - £13.50
- MEDITERRANEAN TART (VE) - HASSLEBACK POTATOES, SPRING VEGETABLES & RED MOJO SAUCE - £14.95
- CLASSIC BACON & CHEESE BURGER - DOUBLE BEEF PATTY, SMOKED STREAKY BACON, GRILLED  
MOZZARELLA, GEM LETTUCE, BRIOCHE BUN, HOUSE SLAW & SKIN ON FRIES - £15.95
- V&C SOUTHERN FRIED CHICKEN BURGER - BBQ SAUCE, GEM LETTUCE, BRIOCHE BUN,  
HOUSE SLAW & SKIN ON FRIES - £14.50
- 8OZ SIRLOIN STEAK - GRILLED MUSHROOM & TOMATO, BEER BATTERED ONION RINGS,  
GARDEN PEAS & SKIN ON FRIES - £23.95

## SIDES

SKIN ON FRIES - £3.25	ROASTED FLAT MUSHROOMS - £3.75
CHEESY SKIN ON FRIES - £4.95	SEASONAL VEGETABLES - £4.75
GARLIC BREAD - £3.95	BEER BATTERED ONION RINGS - £4.50
CHEESY GARLIC BREAD - £5.50	PEPPER SAUCE - £3.00
HOUSE MIXED SALAD - £3.75	STILTON SAUCE - £3.00

## DESSERTS

NUTELLA COOKIE DOUGH - £6.50 / STICKY TOFFEE PUDDING - £6.95 / SUMMER BERRY CRUMBLE - 6.50  
ALL SERVED A CHOICE OF WARM DEVONSHIRE CUSTARD, VANILLA ICE CREAM OR POURING CREAM  
CINNAMON CHURROS - HOT CHOCOLATE DIP £6.75  
CRUNCHIE CHOCOLATE SUNDAE - VANILLA ICE CREAM, CHOCOLATE SAUCE,  
CRUNCHIE CHUNKS, WHIPPED CREAM, WAFER & FLAKE - £6.75  
CHOCOLATE TART (VE) - RASPBERRY SORBET - £6.95

## SUNDAY LUNCH

Join us for the finest cuts of hand carved tender meats, slow roasted to perfection, house baked Yorkshire pudding, crispy on the outside & fluffy on the inside roast potatoes, creamy mash potatoes, roast carrot & parsnip, seasonal vegetables, sage & onion stuffing & piping hot gravy.

28 DAY MATURED ROAST RUMP OF BEEF - £17.95  
ROAST NORFOLK TURKEY BREAST - £15.95  
MIXED MEAT - £19.95  
MEDITERRANEAN TART (V) - £15.50  
KIDS BEEF OR TURKEY - £11.95  
CAULIFLOWER CHEESE - £4.50

## KIDS

MINI FISH, CHIPS & MUSHY PEAS - £7.95  
SAUSAGE, MASH, PEAS & GRAVY - £7.50  
BEEF BURGER & FRIES - £7.95  
MAC N CHEESE, GARLIC BREAD (V) - £6.95

**DETAILED ALLERGEN INFORMATION IS AVAILABLE UPON REQUEST & A SEPARATE GLUTEN FREE MENU IS AVAILABLE FROM BEHIND THE BAR.**



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